# RESEARCH

Validation of preoperative predictor score for difficult laparascopic cholecystectomy and a modified intraoperative grading score of the difficulty of laparascopic cholecystectomy: from a resource limited setting

Nurhussen Mossa Ahmed<sup>1\*</sup>, Surafel Mulatu Djote<sup>1</sup>, Getachew Desta Alemayehu<sup>1</sup>, Wondwossen Amtataw<sup>1</sup> and Sitotaw Mossa Ahmed<sup>2</sup>

## Abstract

**Background** Difficult laparascopic cholecystectomy has greater risk of biliary, vascular and visceral injuries. A tool to predict the difficulty help to prepare a head and avoid complications.

**Aim** the aim of this study is validation of preoperative predictor score and a modified intraoperative grading score for difficulty of laparascopic cholecystectomy.

**Methods** This study was a cross sectional, hospital based study on 200 patients. There are total of 10 scores for preoperative predictor score and 16 scores for the modified intraoperative grading of LC. Structured checklist questionnaire was used.

**Result** prevalence of difficult LC was 40%. age greater than or equal to 50years, history of admission for acute cholecystitis, BMI > 30, palpable GB, impacted stone on imaging, adhesion burying GB, time to identify cystic artery/duct, bile/stone spillage and type of ligature were statistically significantly factors for difficult laparascopic cholecystectomy.

**Conclusion** The preoperative scoring is statistically and clinically a good test for predicting the difficult level of laparascopic cholecystectomy (area under ROC = 0.948). The modified intraoperative measure of LC score is a statistically and clinically a good test for classifying the operative outcome of LC (area under ROC = 0.94).

**Keywords** Preoperative score, Intraoperative score, Difficult laparoscopic cholecystectomy, Symptomatic cholelithiasis

\*Correspondence: Nurhussen Mossa Ahmed nurhu169465@gmail.com



<sup>1</sup>Department of surgery, Yekatit 12 hospital medical college, Addis Ababa, Ethiopia <sup>2</sup>Department of statistics, Jinka University, Jinka, Ethiopia

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## Introduction

Gallstones are an extremely common condition, since they have been found in the gallbladders of Egyptian mummies dating back to 1000 BC [1, 2]. Generally it occurs in approximately 10–20% of the adult population [3]. In USA it has 15% rates [4], 9–21% in Europe [5] and 10% in Japan [6]. More than 80% of gallstones do not cause symptoms, and only 10% and 20% will eventually become symptomatic within 5 years and 20 years of diagnosis [7, 8].

Gallstones are public health problems in Ethiopia. The overall prevalence of gall stone diseases among Hospital admitted patients in referral Hospital of Ethiopia was 10.2% [9] and it accounts for 25.9% of all Gastro Intestinal Unit admissions in Tikur Anbessa Hospital [10].

The two commonly performed types of cholecystectomies are open cholecystectomy and laparoscopic cholecystectomy [11]. Laparoscopic cholecystectomy (LC) since its first description in 1985 is now considered the gold standard for treatment of gall stone disease [12, 13]. LC has clear advantages over the traditional open approach with less postoperative pain, a lower incidence of incisional hernias, less adhesions, smaller scars/less tissue damage, a shorter hospital stay, an earlier return to full activity, a decrease in the overall cost, decreased morbidity, less pain and a quicker recovery [12, 14].

In countries where minimally invasive surgery is advanced, current selection criteria of patients for LC have become more liberal and the absolute contraindications for its performance are patients with uncontrolled coagulopathy, Severe chronic obstructive pulmonary disease, Congestive cardiac failure (ejection fraction < 20%) and patients who have high risk for general anesthesia [11].

Difficult laparoscopic cholecystectomy (DLC) is stressful condition for surgeon which is accompanied by greater risk for various injuries like biliary, vascular and visceral injuries [15].

Multiple factors that may influence the difficulty of a laparascopic cholecystectomy have been described such as age, sex, body mass index (BMI), palpable gall bladder (GB), impacted stone, anatomical variations and previous abdominal surgeries [13, 16–19].

Scoring a value for these factors and developing a tool that predict the difficulty of cholecystectomy can help to choose the best schedule (open or laparoscopic), select the patient according to the level of physician training or to get expert support, inform the patient of the possible difficulty and increase of complications [19].

A number of preoperative scoring systems are reported for acute cholecystitis in well developed countries [15– 27], however information regarding a separate preoperative predicting scores for only symptomatic chlelithiasis that can be applied in resource limited setups are scarce. Newly established laparascopic setups and less experienced surgeons usually start laparascopic cholecystectomy on less complicated cases like on symptomatic cholecystectomy and they need separate predictor score of difficulty for such diseases. Our preoperative predictive score for DLC for symptomatic cholelithiasis can fill this gap.

There are two mostly described intraoperative scoring tools to objectively measure the difficulty of laparoscopic cholecystectomy.

The first one was Gupta N et al. and Khetan et al. classification incorporating time taken to finish the laparascopic surgery, Bile/stone spillage, Injury to duct or artery and Conversion to open cholecystectomy [17, 18]. Different limitation of this score are noticed. Some of the variables were subjective like time taken to finish the operation may vary on surgical skills and level of experience. Moreover important operative findings that can strongly affect difficulty of operation like GB adhesion, GB distension/contraction, BMI and previous surgical scar were not included.

The other operative finding score was by Sugrue et al. which incorporates GB adhesion, GB distension, BMI, previous surgery scar, puss/bile outside GB and time taken to identify cystic duct and artery [28]. Surgue et al. score was not an original article instead it is an intraoperative score created from researches done with a purpose to produce a preoperative predictive score of DLC. Moreover important intraoperative findings that can objectively measure DLC like injury to duct/artery and bile/stone spillage were not included in the score.

Our paper creates a modified scoring system to measure the difficulty of LC incorporating comprehensive intraoperative findings such as GB adhesion, presence of GB distension, BMI, adhesion from previous surgery, time taken to identify cystic duct and artery, bile/stone spillage, injury to duct/artery, conversion to open and type of ligature at laparoscopic cholecystectomy. We tried to fill the gaps of both Gupta et al/Khetan et al. and Sugrue et al. scores.

The aim of this study is to define Preoperative predictor score for difficult laparascopic cholecystectomy and to establish a modified intraoperative grading score of the difficulty of laparascopic cholecystectomy.

#### Methods

#### Study area and period

The study was conducted at Yekatit 12 hospital Medical College and St Paul's Millennium Medical College, Addis Ababa, Ethiopia. Yekatit 12 Hospital Medical College serves the community for more than 100 years with current catchment population of more than five million. The college starts laparoscopic cholecystectomy for symptomatic cholelithiasis two years back. LC was being done by one laparoscopic trained General surgeon and one hepatobiliary Surgeon. St Paul's Millennium Medical College has inpatient capacity of more than 700 beds treating an average of 1200 emergency and outpatient clients daily and two trained laparoscopic hepatobiliary surgeons involved in the LC during the study period. Mostly clips were used but when laparoscopic clips were not available extracorporeal suture ligation of the cystic duct and artery was done. The study period was from August 1, 2022 to July 30/2024.

## Study design

This study is a prospective cross sectional, hospital based study. Because patients are contacted at a point in time when a patient is scheduled for LC we collected preoperative factors and then when operated we took intraoperative findings. There was no long term follow up of cases.

#### **Study population**

All patients with diagnosis of symptomatic cholelithiasis who had had laparoscopic cholecystectomy at Yekatit 12 Hospital Medical College and St Paul's Millennium Medical College between August 1, 2022 to July 30/2024.

#### Inclusion criteria

All patients with symptomatic cholelithiasis including previous treated acute cholecystitis and gallstone pancreatitis who had had elective laparoscopic cholecystectomy at Yekatit 12 Hospital Medical College and St Paul's Millennium Medical College between august 1, 2022 to July 30/2024.

## **Exclusion criteria**

Patients with Acute cholecystitis, Gall bladder cancer.

#### Data collection procedures

The research team systematically collected data using a modified Check list questionnaires from previous studies [15, 18, 19]. Data was collected by surgical residents. Both preoperative and intraoperative parameters like diagnosis, age, gender, BMI, palpable gall bladder, abdominal scar, impacted stone, Gall bladder appearance, distension/contraction, Adhesions from previous surgery, Time to identify cystic artery and duct, Time taken (minutes) to complete LC, Bile / stone spillage, injury to duct or artery Conversion to open were collected were filled.

#### Data analysis procedures

Data was entered in and analyzed using the Statistical Package for the Social Sciences (SPSS) version 26. Percentages and count were utilized for categorical variables. All variables with a p < 0.05 in the 95% confidence interval in bivariate analysis are entered to multivariate logistic regression model and analyzed to control for potential

Table 1	Intraoperative measure	of DLC (as	a standard Michae	ł
Sugrue c	riteria was taken [28])			

Risk factors	Score
Gallbladder appearance	Adhesions < 50% of GB : 1
(adhesion)	Adhesions burying GB: 3
	No adhesion: 0
Distension/Contraction	Distended GB (or contracted shriv-
	elled GB): 1
	Unable to grasp with atraumatic
	laparoscopic forceps: 1
	Stone≥1 cm impacted in Hart-
	man's Pouch : 1
	No distension/contraction of GB=0
BMI > 30	<=30:0
	> 30:1
Adhesions from previous surgery	No:0
limiting access	Yes:1
Bile or Pus outside GB	No:0
	Yes:1
Time	Time to identify cystic artery and
	duct > 90 min : 1
Total maximum	10

**Table 2** Preoperative risks score for DLC (our modification from Randhawa and Pujahari and Hassan [22, 25] scoring system to fit for symptomatic cholelithiasis

Risk factors	Minimum	Maximum	Total
			score
Age	< =50 (0)	>50 (1)	1
Sex	Female (0)	Male (1)	1
History of hospitalization for acute cholecystitis	No)0)	Yes(4)	4
Clinical			
BMI	<=30 (0)	> 30(1)	1
Palpable GB	No (0)	Yes (1)	1
Abdominal scar	No (0)	Infraumblical (1) Supraumbli- cal (2)	2
Sonography			
Impacted stones	No (0)	Yes (1)	1

confounders. Results were analyzed and presented via a combination of textual, tabular and graphic formats.

## **Operational definition**

Difficult laparoscopic cholecystectomy (DLC) was characterized by numerous operative difficulties (parameters) incorporating the appearance of the GB, presence of GB distension, BMI, adhesion from previous surgery, and time taken to identify cystic duct and artery. A score of <=2 would imply mild difficulty, 3-4 moderate, 5-7severe and 8-10 extreme (Table 1).

Preoperative predictors score for DLC incorporates age, gender, history of admission for acute cholecystitis, body mass index (BMI), palpable gall bladder (GB), abdominal scar and impacted stone. Score 0–2 is no risk, 3–7 is moderate risk and 8–11 is high risk (Table 2).

Intraoperative factors of difficult LC incorporates the appearance of the GB, presence of GB distension, BMI, adhesion from previous surgery, time taken to identify cystic duct and artery, bile/stone spillage, injury to duct/ artery, conversion to open and type of ligature. A score of 0–3 would imply mild difficulty, 4–7 moderate, 8–11 severe and 12–16 extreme (Table 3).

## Result

Of the 200 patients included in this study 185 (92.5%) patients were female and 15(7.5%) were males. The mean age of participants was  $47.3 \pm 11$ . The majority of patients were in the age group of <50 years (N=126, 63%). From the calculated BMI of patients, 76.5%(153) were having BMI of less than or equal to 30. Those who had history of hospital admission for acute cholecystitis account 21%(N=42). History of previous surgery was noted in 19 patients. It included infraumblical of 8% (16 patients) and supraumblical 1.5%( 3 patients). Impacted stone on imaging was noted in 30(15%) patients. Bile/stone spillage was identified in 37 (18.5%) cases which were promptly managed with saline irrigation and suction and stones picked with laparoscopic forceps (Table 4).

There were total 16(8%) cases converted to open in our study all because of dense adhesions at calot's triangle (Fig. 1).

The LC operation outcome showed 70.5% (141) were easy and 29.5% (59) difficult (Fig. 2).

In the preoperative score 69%(138), 29%(58) and 2%(4) were scored easy, difficult and very difficult groups respectively. For the purpose of analysis and interpretation we reorganize the preoperative score into easy and difficult. The relation between the prediction of the difficulty level of the cases preoperatively and the actual outcome of the cases is shown in (Table 5).

Area under receiving operating characteristics (ROC) curve = 0.948 (Fig. 3).

In the intraoperative score 70.5% (141), 24.5% (49) and 5.0% (10) were scored easy, moderate and severe difficulty respectively. For the purpose of analysis and interpretation we then reorganize the intraoperative score into easy and difficult. The relation between the prediction of the difficulty level of the cases intraoperatively and the actual outcome of the cases is shown in (Table 6).

Area under receiving operating characteristics (ROC) curve = 0.94 (Fig. 4).

Operative outcome was correlated with the various preoperative and intraoperative factors included in the scoring system, and data analyzed first by bivariate logistic regression and those with statistical significant on bivariate analysis are fed to multivariate logistic regression to identify factors with statistical significant with outcome variable (Table 7). From our data, we observed that age > 50year, Male sex, history of admission for acute

Table 3	Intraoperative r	measure of	DLC(our	modified	score f	from
[18, 25, 2	281					

[,,]	
Risk factors	Score
Gallbladder appearance	Adhesions < 50% of GB : 1
(adhesion)	Adhesions burying GB: 3
	No adhesion: 0
Distension/Contraction	Distended GB (or contracted shriv- eled GB): 1
	Unable to grasp with atraumatic laparoscopic forceps: 1
	Stone≥1 cm impacted in Hart-
	man's Pouch : 1
	No distension/contraction of GB=0
BMI > 30	<=30:0
	> 30:1
Adhesions from previous surgery	No: 0
limiting access	Yes:1
Time	Time to identify cystic artery and duct > 90 min : 1
Bile / stone spillage	No: 0
	Yes:1
injury to duct or artery	No: 0
	Duct only:1
	Both:2
Conversion to open	No: 0
	Yes:3
Ligature	Clip=0
-	Stitch = 1
Total maximum	16

Table 4	Distribution of	of parameters
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Parameters	Characteristics	Count	Per-	
			cent (%)	
GB appearance/adhesion	No adhesion	124	62.0	
	adhesion < 50% of GB	65	32.5	
	Adhesion burying GB	11	5.5	
Distended/contracted GB	no distension or contrac- tion of GB	143	71.5	
	Distended GB (or con- tracted shriveled GB)	42	21.0	
	stone > 1 cm impacted in Hartmans pouch	9	4.5	
	unable to grasp with atraumatic laparascopic forceps	6	3.0	
Time to identify cystic	<=90	170	85.0	
artery/duct	>90	30	15.0	
Injury to Duct/artery	No	199	99.5	
	Yes(duct only)	1	0.5	
Ligature	Clip	127	63.5	
	Stitch	73	36.5	
DLC score	Mild difficulty(0–2)	141	70.5	
	Moderate(3–4)	39	19.5	
	Severe difficulty(5–70	17	8.5	
	Extreme(8–10)	3	1.5	



Fig. 1 Shows prevalence of conversion to open



Fig. 2 Shows prevalence of difficult laparascopic cholecystectomy

 Table 5
 Preoperative evaluation score index in 200 patients with

Preoperative Evaluation	LC Operati	Total	
	Difficult	Not difficult	_
Difficult	64	4	68
Not difficult	3	129	132
Total	67	133	200
Statistical measures of the perf	ormance of Our	preoperative Score	
Sensitivity : 0.955			
Specificity :0.969			
Positive predictive value(PPV) :	0.941		
Negative predictive value(NPV)	:0.977		

cholecystitis, BMI>30, palpable GB, impacted stone on imaging, previous abdominal surgical scar, GB appearance/adhesion, time to identify cystic artery/duct, bile/ stone spillage, conversion to open cholecystectomy and type of ligature were significantly associated factors in the Bivariable analysis. However on the multivariate logistic regression analysis the risk factors for causing difficulties in laparoscopic cholecystectomy are age >= 50year(p < 0.035), history of admission for acute cholecystitis(p < 0.0001), BMI > 30(p < 0.025), palpable GB(p < 0.0001), impacted stone on imaging(p < 0.002), adhesion burying GB(p < 0.001), time to identify cystic



Diagonal segments are produced by ties.

Fig. 3 ROC curve and its area under curve for predicting the operative outcome based on preoperative scores

Table 6 Intraoperative evaluation score index in 200 patients with LC  $\,$ 

intraoperative Evaluation	LC Operati	Total	
	Difficult	Not difficult	_
Difficult	57	2	59
Not difficult	2	139	141
Total	59	141	200

Statistical measures of the performance of Our preoperative Score

Sensitivity: 0.966

Specificity :0.985

Positive predictive value(PPV) : 0.966

Negative predictive value(NPV) :0.985

artery/duct(p < 0.010), bile/stone spillage(p < 0.041) and type of ligature(p < 0.005).

## Discussion

Age is a risk factor for difficult GB surgery [29]. In the present series, age greater than or equal to 50 years was 8 times more at risk of having difficult laparascopic cholecystectomy than those less than 50 years.

Male sex has been described to be associated with difficult LC [26, 30]. In our study, sex was not statistically associated with a high risk of difficult cholecystectomy.

Obesity poses a great challenge to the safe and timely completion of the procedure due to various factors in form of difficulty umbilical port (peritoneal) access, dissection of fatty calot [26, 30]. In our study, we found strong correlation between BMI > 30and difficult level of laparascopic cholecystectomy (p < 0.025).

History of acute cholecystitis attacks increases scarring and fibrosis of GB as well as the adhesions at the Calot's





Fig. 4 ROC curve and its area under curve for predicting the operative outcome based on intraoperative risk scores

triangle [20]. There is a linear correlation between previous history of hospitalization due to acute attacks of cholecystitis and the difficulty level of LC [31]. These findings are similar to our study where history of an acute attack requiring hospitalisation was one of the main factors for difficulty in laparascopic cholecystectomy(p < 0.0001).

Clinically palpable gall bladder could be due to a distended GB, mucocele GB or due to the adhesions between the GB and the omentum [20]. Palpable GB was found to be predictor of difficult LC [25]. Similarly in our study palpable GB was a statistically significant predictor of difficult laparoscopic cholecystectomy (p < 0.0001).

While performing LC, stone impacted at the neck of GB poses difficulty to grasp the GB neck to allow adequate retraction to perform dissection at the Calot's triangle. It is a risk factor for DLC [20, 23]. It was found to be a statistically significant factor in predicting the difficulty of the procedure in our study (p < 0.002). Previous upper abdominal surgery may cause the formation of intraperitoneal adhesions and it was found to be statistically significant factor for difficulty of LC in several studies [17, 18, 20]. In our study 16 patients had history of infraumblical surgery and 3 cases supraumblical scar. All of the 3 supraumblical previous surgical scar had difficult LC but were statistically insignificant.

Patients with adhesions burying gall bladder had high chance of being a DLC [21, 27]. In our study all of 11 patients with adhesion burying the GB had conversion to open and showed a statistical significant association to DLC(p < 0.001).

Time needed to identify cystic artery/duct>90 min were statistically significant association with difficulty of LC with p value < 0.010.

Intra-op bile/stone spilage showed significant association with the difficulty of LC operation with p value < 0.041.

Tab	le 7	7 5	howing	binary	logistic	regression ar	alysis of	factors	for difficu	lt	laparascopic cholecystectomy	
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Variable	Multivariable logistic regresion						
		Sig.(Pvalue)	AOR	95% C.I.for EXP(B)			
				Lower	Upper		
Age	< 50year	1					
	>=50year	0.035	8.7	1.1	65		
History of hospitalization for acute cholecystitis	No						
	Yes	0.0001	736.	23.	23,184		
BMI	<=30	1					
	> 30	0.025	7.8	1.3	47.		
Palpable GB	No	1					
	Yes	0.0001	133.	8.6	2049		
Impacted stone on imaging	No	1					
	Yes	0.002	84.1	4.982	1421.		
GB appearance/adhesion	No adhesion	1					
	adhesion < 50% of GB	0.001	0.002	0.032	1.09		
	Adhesion burying GB	0.001	13.	2.9	63		
Time to identify cystic artery/duct	<=90	1					
	> 90	0.010	15.	1.8	123.		
Bile/stone Spillage	No						
	Yes	0.041	4.3	1.1	18.		
Ligature	Clip	0.001	3	0.563	0.12		
	Stitch	0.005	8.6	1.9	38.		

In laparoscopic cholecystectomy, ligation of cystic duct and cystic artery with clips takes less time than by silk suture. Application of stitch takes statistically significant time than clip [32]. In our study stitch had a statistically significant association with difficulty of LC operation(P < 0.0.005).

In Our study, the preoperative scoring system has a Sensitivity of 95.5%, specificity of 96.9%, PPV of 94.1% and NPV of 97.7% and AUC of 0.948, which showed a score with high sensitivity, specificity and excellent area under ROC curve(>0.9).

Interpretation of Area under the curve (AUC):  $0.9 \le AUC$ : Excellent,  $0.8 \le AUC < 0.9$ : Good,  $0.7 \le AUC < 0.8$ : Fair,  $0.6 \le AUC < 0.7$ : Poor,  $0.5 \le AUC < 0.6$ : Fail. For a diagnostic test to be meaningful, the AUC must be greater than 0.5. Generally, an  $AUC \ge 0.8$  is considered acceptable [33]. Based on this our study AUC is 0.959 which is excellent.

Our preoperative score validity tests are comparable to study in Delhi, With sensitivity, specificity PPV and AUC of 95.74%, 73.68%, 88% 0.86 respectively (Gupta 2013), and to a study in Columbia where area under ROC curve was 0.88. The ideal cutoff was 8, with a sensitivity of 75.15%,, specificity of 88.31%,, PPV of 87.32, NPV of 76.83%, and AUC of 88 (Camilo R 2022).

Our modified intraoperative measure of the difficulty of laparascopic cholecystectomy scoring system compared to Surgrue [28] has a Sensitivity of 96.6%, specificity of 98.5%, PPV of 96.6% and NPV of 98.5% and AUC of 0.94. which showed a score with high sensitivity, specificity and excellent area under ROC curve(>0.9).

## Conclusion

Older age, history of admission for acute cholecystitis, Higher BMI, palpable GB and impacted stone on imaging, GB adhesion, time to identify cystic artery/duct, bile/ stone spillage and type of ligature were found statistically significant factors for difficult LC.

The preoperative scoring is statistically and clinically a good test for predicting the difficult level of laparascopic cholecystectomy (area under ROC = 0.948).

The modified intraoperative measure of LC score is a statistically and clinically a good test for classifying the operative outcome of LC (area under ROC = 0.94).

## Limitation of the study

Among the limitations of the study are the subjectivity of some of intraoperative findings such as Gallbladder adhesion and conversion to open. We tried to reduce it by excluding cholecystectomies done by general surgeons who are not trained laparascopic surgery. The sample size is smaller. Large sample size study is required especially for our modified intraoperative score which is less investigated even in previous studies.

#### Supplementary Information

The online version contains supplementary material available at https://doi.or g/10.1186/s12893-025-02784-1.

Supplementary Material 1
Supplementary Material 2

#### Author contributions

Nurhussen: wrote the main manuscript, study conception, study design, data analysis, interpretation and manuscript revision and is the the corresponding author to be contacted if further data is requested. Surafel: organized data and manuscript revisions. Getachew: data acquisition and manuscript revisions. Wondwossen: data acquisition, study design, manuscript revision. Sitotaw: contributed in study design, data acquisition and manuscript revisions. All authors read and approved the final manuscript.

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## Data availability

Data is provided within the supplementary information files".

#### Declarations

#### Ethics approval and consent to participate

Ethical approval for the research was obtained from Yekatit 12 Hospital medical college Research and Ethical Review Committee. Informed consent to participate was obtained from each participant. This study was conducted in accordance with the ethical principles outlined in the World Medical Association's Declaration of Helsinki, ensuring all participants provided informed consent and keeping confidentiality.

#### **Consent for publication**

Not applicable.

#### **Competing interests**

The authors declare no competing interests.

#### **Clinical trial number**

Not applicable.

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